



Please join us for our annual

CEMH in-person conference

MOTIVATIONAL INTERVIEWING

Click here

to register

NOVEMBER 14, 2025 • 9am - 4pm

LOCATION: LBPSB Boardroom • 1925 Brookdale ave., Dorval

This full day workshop will be an experiential introduction to Motivational Interviewing (MI). Motivational Interviewing is a style of communication that helps motivate people to make positive changes in their behavior. It is an evidence-based approach that teaches you how to explore ambivalence and resistance in a non-judgmental way and to support and facilitate motivation for change. Rather than telling someone what to do, this approach teaches you how to guide them in exploring their goals and values, so they can mobilize themselves to take steps forward.

Objectives:

- To understand and become familiar with the basic principals of MI.
- Learn and apply the basic MI principals to help the person move toward a meaningful behaviour change.
- Experience using MI tools through interactive practice during the workshop.
- Learn how to apply MI techniques to students of various ages.



Morning refreshments and a lunch will be provided.



WORKSHOP FACILITATOR

Dr. Rachel Green, Ph. D.

Rachel Green, Ph. D. was a psychologist for many years before her retirement from the field. She is currently a workshop facilitator in Motivational Interviewing (MI) with an international reputation and the founder of **formation dancing gecko training**. She began her career in psychology as a neuropsychologist (BA, Concordia University; Ph. D., Université de Québec à Montréal) before being bewitched by MI in 2006. Member of the Motivational Interviewing Network of Trainers (MINT), the Association francophone de diffusion de l'Entretien Motivationnel (AFDEM) and the Ordre des psychologues du Québec (OPQ).



This workshop is suitable for counsellors, psychologists, administrators, consultants as well behaviour & planning room techs.

For more info please contact zking@lbpsb.qc.ca