



Please join us for our annual

## CEMH in-person conference

# Supporting Student Mental Health

Click here

to register

**NOVEMBER 15, 2024 • 9am - 4pm**

**LOCATION: LBPSB Boardroom • 1925 Brookdale ave., Dorval**

### Supporting Students' Social Emotional Well-Being in Changing Times: Leveraging the Socialization Potential of professionals & Educators.

#### Objectives

- Explore and address factors associated with child behavioural and emotional regulation difficulties.
- Address the role of teachers, educators and other adults as agents of socialization and promoting child resilience.
- Learn about strategies and techniques to promote/optimize child resilience and well-being.



**Presented by: Tina Montreuil, PhD.**

Associate Professor in the department of Educational and Counselling Psychology and an Associate Member of the Departments of Psychiatry and Pediatrics at McGill University, as well as the director of Childhood Anxiety and Regulation of Emotions Laboratory C.A.R.E. Research Group.

### Youth Suicide Prevention in Schools: Best Practices in Screening, Assessment, Management and Prevention

#### Objectives

- Learn about the risk and protective factors of suicide and related behaviours in youth.
- Explore the advantages and limitations associated with the use of suicide assessment grids and universal repercussions.
- Learn about current recommendations for screening, assessment and management.
- Gain a better understand on therapeutic alliance to promote the disclosure of suicidal ideation and establishing a safety plan.

**Presented by: Marie-Claude Geoffroy, PhD. & Karina Béland, PhD.**



**Marie-Claude Geoffroy** is a clinical psychologist and an Associate Professor in the Department of Psychiatry at McGill University and the Douglas Mental Health University Institute. She holds a Canada Research Chair in Youth Suicide Prevention and Mental Health Promotion and is a member of the College of New Scholars of the Royal Society of Canada.

**Karina Béland** is a clinical psychologist with more than 20 years of experience in treating children and adolescents with severe mental disorders. Dr. Béland is an affiliate member of the Department of Psychiatry at McGill University and a clinical supervisor in psychology at the university.



TOPICS & PRESENTERS