



**DR. GORDON NEUFELD IN MONTREAL
NOVEMBER 7, 8, and 9, 2017**



**** !! NEW !! ** LOCATION:**
CENTRE CARLTON: 8860, boul. LANGELIER, ST-LÉONARD H1P 3C8 (514-323-5445)

RAISING RESILIENT CHILDREN

EMOTION AND PLAY

Tuesday, November 7 – 9 am to 4 pm
Resilience is about the ability to bounce back to normal functioning after times of stress, or even better, to be capable of optimal functioning in the face of adversity. It is about healing after being wounded; recovery after losing one's balance; optimal functioning when under fire. Every human possesses the potential for resilience but this capacity remains elusive to many. Resilience is not inherited and cannot be learned; it must be developed and childhood is the ideal time for this. Many people confuse resilience with 'toughness,' when individuals seem unaffected by adversity or are capable of basic functioning in wounding scenarios. In fact, the very armour that makes this possible also interferes with the development of the real thing. In this presentation, Dr. Neufeld will discuss the essence of true resilience and reveal the keys to developing this capacity in our children and in ourselves.

Wednesday, November 8 – 9 am to 4 pm
In this presentation Dr. Neufeld will look to make sense of the dynamics of emotion and play in the lives of children. He will focus on the importance of creating playgrounds for the primal emotions of frustration, alarm, intensified pursuit, and the alpha instincts. After describing the importance of emotion in human development and how to best come to terms with this common and necessary experience, he will focus on how to facilitate healthy emotional expression. Among other strategies he will explain how to "play" with emotion: playing with words, playing with roles, playing with monsters, playing with toys, playing with music, playing with voices and playing with separation. He will tease apart emergent play, expressive play and social play. Dr. Neufeld will propose ways for making room for emotion and play to dance together to help promote optimum conditions for the mental well being of our children.

OPQ accreditation: pending

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ALPHA CHILDREN: WHO'S IN CHARGE?

Thursday, November 9 – 9 am to 4 pm
A growing number of children are presenting as demanding, prescriptive, bossy and controlling. A disturbing number of these alpha children are turning into bullies as well. Alpha children tend to have difficulties letting themselves be parented or taught. This is making the child-adult dance much more difficult than it used to be or needs to be, despite the plethora of advice-giving and strategies available today. Dr. Neufeld uncovers the surprising roots of the Alpha Complex and in doing so, opens the doors for lasting change: in the family, in the classroom and in society.

OPQ accreditation: pending

DETAILS
EARLY BIRD RATE (October 19): \$175 per day **FULL RATE (after Oct 19): \$200 per day**
Fee includes documents, snacks, lunch and simultaneous interpretation into French (if needed)

ON LINE REGISTRATION FORM: <https://tinyurl.com/neufeld2017>

For more information please contact: Sue Chartrand cchartrand@rsb.gc.ca



**ORGANIZED BY: CENTRE OF EXCELLENCE FOR
BEHAVIOUR MANAGEMENT**