2019-2020 NETWORKED LEARNING SESSIONS

**Offered by**
The Family and School Support and Treatment Team & Centre of Excellence for Mental Health

### Wednesday, October 2, 2019
**How Play Can Attune, Connect and Nurture Well-Being**

Experience what Paula coined as a “Net-playing” and not “Net-working” event. Learn how she has uses Wonder, Curiosity and the Power of Play to create psychological safe places among her own family, the community and workplaces. She will demonstrate how Wonder engages the world around us, encourages us to be less judgmental of each other, pre-empts loneliness and promotes collective mental well-being.

**Speaker:** Paula Toldeo, TEDx Speaker, Cadian Mental Health Association-Advisor, Psychological Health and Safety in the Workplace, Founder of Ode To Wonder/Social Well Collective.

### Wednesday, November 13, 2019
**Striking a Balance: Integrating SEL in Our Classrooms Without Sacrificing Rigour**

Nancy Mercier and Sheila Dunwoodie are elementary school teachers who have embedded SEL in their classroom partnership and practices. They make it their mission to give students voice, choice and respect; they’ll share their game-changers and the way they’ve achieved a balance between what’s in the curriculum and what’s taught “accidentally on purpose”.

**Speakers:** Nancy Mercier, French Second Language Teacher, LBPSB
Sheila Dunwoodie, Pedagogical Consultant, LBPSB

### Wednesday, March 11, 2020
**Violence Prevention and Mental Health**

**Speaker:** Dr. Tracy Vaillancourt, Canada Research Chair in Children’s Mental Health and Violence Prevention, full professor in Counselling and School of Psychology, University of Ottawa.

### Wednesday April 8, 2020
**Agents of Hope**

American educator Spencer Henry contends that educators must speak the language of hope. Professionals who have success working with children we call Agents of Hope. How can educators prepare every day to be their best for their students? How can we meet the demands of this highly challenging and yet highly rewarding profession?

**Speakers:** Betty and Jim MacKinnon, Educational Consultants

### TO REGISTER

**Time**  
7:00 - 9:00 p.m.

**Place**  
Boardroom, LBPSB

**Fee**  
$25.00 for 4 sessions

**For Info**  
sventurino@lbpsb.qc.ca

* please note these sessions will be webcasted via www.lbpsb.qc.ca