



SERVICES COMMÉMORATIFS MONT-ROYAL
MOUNT ROYAL COMMEMORATIVE SERVICES

Good Grief Workshop for Children and Teens

Mount Royal Commemorative Services are pleased to offer our **Good Grief Workshop for Children and Adolescents** who have experienced the death of someone close to them. This free workshop is for children and adolescents 5 – 19 years old.

Age-specific groups led by a team of trained volunteers will provide a group format to help children understand and express their grief. The workshop will involve structured activities that are designed to give children the opportunity to share their feelings with other grieving children, learn from each other, and honour the memory of the person who died.

On the same day, we also offer a concurrent Parent Discussion Group to give parents/guardians the opportunity to discuss the topic of children's grief.

This workshop will take place on:

***Saturday, November 18th, 2017
9:00 a.m. - 2 p.m.
Selwyn House School
101 Cote St. Antoine (corner Staunton)
Westmount
*Lunch will be provided***

- Because we strive to provide a safe and secure space to all our participants, we strongly encourage that you arrive on time and understand that because our activities promote connectedness within the respective groups, the doors will be closed at 9:30 sharp, and all late comers arriving after 9:30 will be turned away.

To register a child, please call by November. 13th, 2017

Natalie Segall at 514-222-9668 or Jillian Lucht at 514-826-1810

Natalie Segall, MA, LCC, ANN / Jillian Lucht, MSW, PSW.
Coordinators of the Good Grief Workshop for Children and Adolescents

www.goodgriefcentral.com